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*“The content was stimulating and provided practical guidance. The support of the tutor was an invaluable element in the process with his constructive comments and positive encouragement throughout.”*

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## Down By The Valley



Down by the valley  
Where the green grass grows  
There sat [name of the child skipping]  
As sweet as a rose.



She sang, and she sang  
And she sang, so sweet  
Along came [name of a boy]  
That kissed her on the cheek.



He asked her a question  
Will you marry me?  
Yes, No , Maybe so  
Yes, No, Maybe so

[The player keeps skipping until they trip.  
Whatever word they land on, is the answer  
to the question.]



**NOTE:** Boys can also use this skipping rhyme by changing some of the words.

## I Went To The Store



I went to the store  
To buy some berries  
How many berries  
Did I buy?  
1, 2, 3, 4, 5, 6, 7, ...



[On and on until the person whose skipping trips. Whatever number they stop at, is the number of berries that they bought at the store.]

## Strawberry Shortcake



Strawberry shortcake  
Apple pie  
Who will be  
Your special friend?  
A, B, C, D, E, ...



[On and on until the person whose skipping trips. The letter they stop at is the first letter of their special friend's name. They get to shout out that name.]